**Into the Deep**

**Week #5**

**Discussion Questions**

1. Did anything stand out to you during today’s session?
2. What are the biggest distractions that pull you away from prayer?
3. What practical strategies can help create a more prayerful environment in your daily life?
4. Have you experienced consolation during prayer? What was that like?
5. Have you experienced desolation during prayer? What was that like and how did you overcome it?
6. What is one small step you can take THIS WEEK to deep your prayer life?
7. What is one tangible thing you can take away from this program and implement into your prayer time?